

Minutes of the Health and Wellbeing Board

19 September 2013

-: Present :-

Councillor Chris Lewis (Chairman)

Sam Barrell, Mandy Cox, Councillor Bobbie Davies, Pat Harris, Councillor Ken Pritchard, Debbie Stark, Caroline Taylor, Richard Williams

31. Apologies

Apologies for absence were received from Councillor Morey and Steve Moore who was represented by Mandy Cox.

32. Minutes

The minutes of the meeting of the Health and Wellbeing Board held on 17 July 2013 were confirmed as a correct record and signed by the Chairman.

33. Update Report - Adult Social Services

The Board noted the update on Adult Services. The Board also noted issues regarding local boards such as the autism board being unsure how they fed into the Health and Wellbeing Board and Clinical Commissioning Group.

34. Update Report - Clinical Commissioning Group

The Board noted the update and were advised that the Pioneer Bid had been submitted with the successful projects being advised in the next few weeks. Members were also advised that if successful the Health and Wellbeing Board would receive regular reports on progress in line with the governance arrangements.

35. Update Report - Public Health

Following a discussion on alcohol at the last meeting of the Health and Wellbeing Board, Torbay hosted a forum for Chairs and Vice-Chairs for Boards across Somerset, Devon and Cornwall. The agenda included the sharing of best practice, opportunities for shared campaigns and a discussion about the creation of an alcohol alliance.

However, two weeks later the Police and Crime Commissioner also called a meeting regarding alcohol, highlighting possible duplication of effort and work. The

Chairman and Vice-Chairman of the Board felt that the situation highlighted the need for the Board's membership to be amended to include the Police and Crime Commissioner and a suitable representative from South Devon Healthcare Foundation Trust.

Whilst some members were receptive to amending the Board's membership some questioned whether the Board was a meeting of commissioners or providers with a number of other partners having expressed an interest in being a member of the Board.

By consensus the Board resolved that:

- i) The Police and Crime Commissioner and a representative from South Devon Healthcare Foundation Trust be invited to become co-opted members of the Health and Wellbeing Board; and
- ii) the membership of the Health and Wellbeing Board be reviewed prior to the Annual Meeting of the Council on 30 April 2014.

36. Update Report - Healthwatch

The Board noted the update on Healthwatch and congratulated Patrick Canavan on becoming the Chairman of the Board of Directors for Healthwatch Torbay.

Members also noted a report undertaken by Healthwatch Youth Coordinator, Bekki Redshaw. The report detailed findings of consultation with young people and made recommendations for local services. The Board was advised that the findings of the report would be fed through existing channels in Children Services.

Members welcomed the work being undertaken by the 'Making Melville Marvellous' initiative and requested a further update be presented to a future meeting of the Health and Wellbeing Board.

37. Update Report - Children's Services

Members noted the update on Children Services and recognised the impact upon staff of the increasing demand upon services coupled with organisational change.

38. Children and Young People Update - Health

The Board considered an update on the progress being made in relation to the jointly agreed priority areas for Children and Young People. Members were advised that by April 2014 officers intended to have a single set of outcomes for the Health and Wellbeing Board which would reflect partner priorities and could be used as a performance management tool.

By consensus the Board resolved that:

The Health and Wellbeing Board accepts and signs up to the 'Better health outcomes for children and young people pledge'.

39. Collaboration without Duplication

The Board considered a report that sought to identify the most cost-effective way of co-ordinating information, advice and consultation with the public, patients, clients and carers around health and social care issues.

Members considered undertaking a mapping exercise to set out what the key health and social care organisations were intending to seek engagement on for the next 12 months, however Members challenged the benefit and outcomes of undertaking such work. Members did form the view that a joint engagement strategy between Torbay Council, Clinical Commissioning Group and the, soon to be formed, Integrated Care Organisation should be achievable.

By consensus the Board resolved that:

The development of a joint engagement strategy be developed explored for the health and social care sector in Torbay.

40. Winterbourne View Action Plan

Members noted an update in relation to the implementation of the recommendations set out in the Winterbourne View concordat. Members requested the overall implementation plan be presented to the next meeting of the Health and Wellbeing Board, and requested an officer of the Public Health Team attend the Winterbourne Steering Group.

41. Joint Health and Wellbeing Strategy Priority 9 - Increase Sexual Health Screening and Priority 3 - Reduce Teenage Pregnancy

The Chairman advised the Board that due to the links between the two priorities, item 13 and 14, as listed on the agenda, would be considered together.

As part of its agreed approach, the Board gave consideration to two of its priorities within the Joint Health and Wellbeing Strategy, namely Priority 9 – Increase in Sexual Health Screening and Priority 3 – Reduce Teenage Pregnancy. Representatives from the field of sexual health provided members with details of services and work that was currently underway to increase sexual health screening and reduce teenage pregnancy.

Members of the Board then discussed how the Health and Wellbeing Board could 'broaden and lengthen' the whole-community approach to the increase of sexual health screening and reduction of teenage pregnancy. In particular, members were asked to pay particular attention to whether the actions within the joint Health and Wellbeing Strategy were the right ones, what needed to change locally to meet the outcomes required by the Board, and what could the Board do to promote integrated working to support this priority.

Members were advised that sexual health services were commissioned and designed to meet the needs of the population with the following sexual health services available in Torbay:

- Torbay Sexual Medicines Services – is the provider of Torbay’s sexual health service with the aims and objectives of the service are to provide an open access (self referral), comprehensive, integrated contraception and sexual health service;
- Outreach Team – works across schools and colleges in Torbay to provide sexual health outreach service for young people;
- Sexually Transmitted Infections – The government reported nearly half a million new sexual infections nationally in 2012, whilst part of the rise can be explained by better sexual health reporting systems, it is suggested that too many people are putting themselves at risk, through unprotected sex;
- C-Card Scheme – young people aged under 25 can register and access free condoms at approximately 70 outlets across Torbay;
- Sexwize – web based information service providing clinic times and venues, as well as frequently asked questions and advice for emergency sexual health situations (www.s-wize.co.uk);
- Sexual Health Training for Professionals – Eddystone Trust is commissioned to provide sexual health training for professionals including how to conduct sexual health interventions with young people;
- Long Acting Reversible Contraception (LARC) – LARC methods of contraception are more cost effective than oral contraceptive methods. 90% of Torbay GP surgeries are trained to counsel, fit and remove LARC with a further £10,000 having been made available to train and accredit more primary health care professionals to fit LARC in the community.
- Role of Pharmacies in Sexual Health Provision – pharmacies provide confidential sexual health services, on a drop-in basis, including the provision of emergency hormonal contraception, Chlamydia consultations, screening and signposting to other sexual health services;
- Sexual Assault Referral Centres (SARC) – people who have been subject to a sexual assault in Torbay are referred to SARC for care. SARC offers a holistic service to the individual and also acts as advocate for the individual and co-ordinator in the legal process going forward;
- Abortion Services – the commissioning of abortion services lies with the CCG, with the Public Health Team working with the CCG to provide wider sexual health services, so that contraception services are provided at point of termination in order to prevent repeat procedures. Just over half of all

teenage conceptions in Torbay end with an abortion, whilst live births (from teenage conceptions) are highest in the more deprived communities.

- Treatment of HIV – When an individual is diagnosed as having HIV, the treatment is anti-retroviral drugs, and treatment is more effective when the virus is diagnosed early.

Members discussed whether the young women who were pregnant were known to their GPs or Sexual Health Clinics and whether the young women were aware of contraception, whether risk factors (such as alcohol) resulted in contraception being less of a priority or whether attitudes towards the ‘morning after pill’ and abortion had become an acceptable form of birth control.

Members questioned whether aspirations of young women contributed to the levels of teenage conceptions and challenged whether a mentoring programme with professional women in Torbay being the mentors could help raise aspiration levels. Members were advised that Sue Matthews and Siobhan Grady were in the process of establishing a mentoring initiative.

Members did perceive there to be a benefit to having a community wide database of contraception and welcomed the Pioneer Bid that sought a system wide joined up IT system that incorporates an affective text message reminder system.

42. Appreciation and Thanks

Members of the Health and Wellbeing Board were advised that Debbie Stark, Director of Public Health, would be leaving Torbay Council in November. The Board expressed their thanks to Debbie for the work she had undertaken in Torbay.